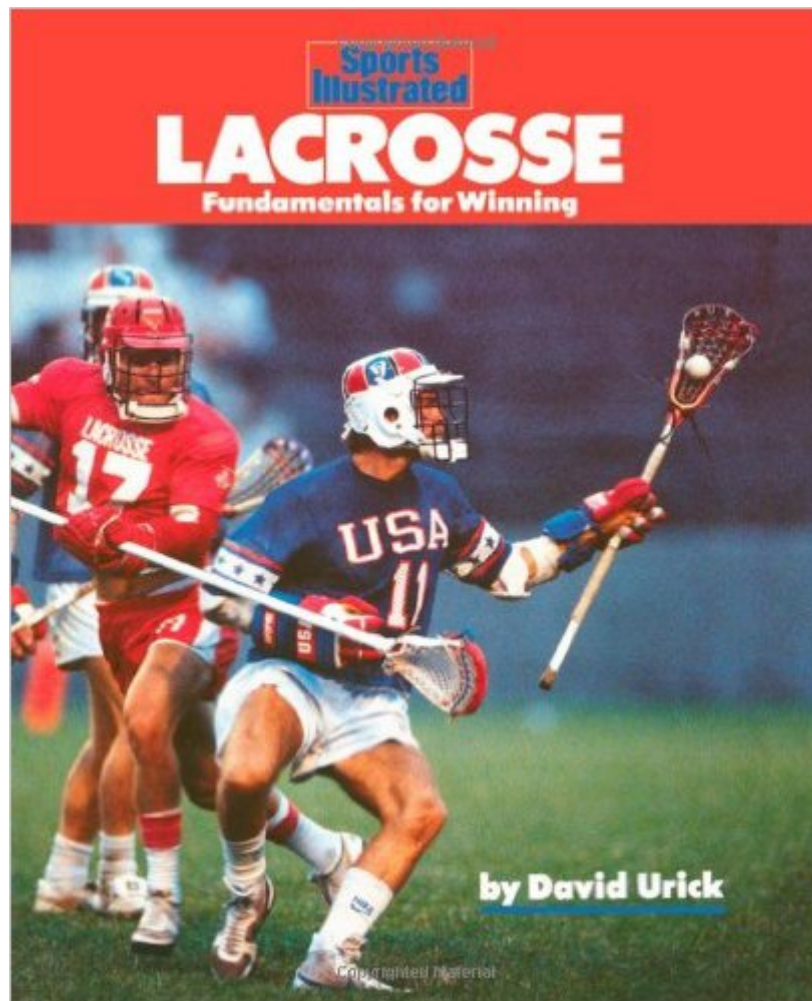


The book was found

Lacrosse: Fundamentals For Winning (Sports Illustrated Winner's Circle Books)



Synopsis

Eight-time national championship coach David Urick shows players and coaches the pathways to lacrosse success!

Book Information

Series: Sports Illustrated Winner's Circle Books

Paperback: 256 pages

Publisher: Sports Illustrated (March 1, 1988)

Language: English

ISBN-10: 1568000715

ISBN-13: 978-1568000718

Product Dimensions: 7.1 x 0.7 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (11 customer reviews)

Best Sellers Rank: #1,212,072 in Books (See Top 100 in Books) #59 inÂ Books > Sports & Outdoors > Other Team Sports > Lacrosse

Customer Reviews

This book is an excellent tool for novices of the game. It gives chapters about the positions and techniques of the game and could be very helpful if you are learning lacrosse. It is also a resourceful tool as a coach (of kids under about 14) and gives pointers on all aspects of the game. If you have been playing lacrosse for a while you may want to look to another source for information about the game, although this book would be somewhat entertaining.

I coach high school Lacrosse in Missouri, and have found this book a valuable tool in teaching Lacrosse to my players and their parents. I also loan this book out to other coaches and assistant coaches. The book is very comprehensive, but it is so easy to understand, that a total novice at Lacrosse is able to understand the game and even feel like an authority. It covers rules, history and strategy. In an area where Lacrosse is relatively new, this book is a god-send

This book helped me out a lot. I play goalie and defense and this book has very helpful sections on both positions. My friends and I brought this to our team practice and our coach read it and said that he will use all of the drills given to help us out. This is a very good buy and I recommend it to every beginning and advanced player out there.

It was a good introduction to lacrosse. Most of the basics were covered. I felt it is a good book for coaches beginning to coach the sport. I wish it would have had a chapter on the rules. At my sons first lacrosse game, I had no idea about the penalties being called so I would like to have had more information in the book about the rules.

My 9 year old son just started to play and we knew NOTHING about the sport. This kept it simple and also helped us to help him at home.

Got this for my son who is playing lacrosse. He has read it and learned more about the game. I looked through it too. It will certainly help me to talk about the game better and to enjoy watching it even more. I would highly recommend this for new lacrosse players or ones who have been playing for a while but have more to learn.

[Download to continue reading...](#)

Lacrosse: Fundamentals for Winning (Sports Illustrated Winner's Circle Books) Sports Illustrated Lacrosse: Fundamentals for Winning Sports Illustrated Almanac 2015 (Sports Illustrated Sports Almanac) Sports Betting: Tools, Strategies, and Principles Behind Winning Sport Predictions: Sports Investing and Making Money in NBA, NFL, NCAA, Football and Basketball ... Sports Wagering, NFL Betting, NBA Betting) Olympic Sports - When and How? : History of Olympic Sports Then, Now And Beyond: Olympic Books for Kids (Children's Olympic Sports Books) Video Poker Winner's Guides: Vol. 6: A Winner's Guide to Double Double Bonus Poker A Winner's Guide to Full Pay Deuces Wild (Video Poker Winner's Guides, Volume 3) Video Poker Winner's Guides: Vol. 5: A Winner's Guide to Pick'em Poker by Bob; Daily, Liam W. Dancer (2003) Paperback Ultimate Guide to Weight Training for Lacrosse (Ultimate Guide to Weight Training: Lacrosse) How to Play Lacrosse: Learn How You Can Quickly & Easily Master Playing Lacrosse The Right Way Even If You're a Beginner, This New & Simple to Follow Guide Teaches You How Without Failing SPORTS ILLUSTRATED--MIAMI HEAT 2012 CHAMPIONS--COMMEMORATIVE ISSUE (Sports Illustrated) Sports Illustrated Squash (Sports Illustrated Library) Blackjack Strategy: Winning at Blackjack: Tips and Strategies for Winning and Dominating at the Casino (Blackjack, Counting Cards, Blackjack Winning, Good at Blackjack, Black Jack, Card Counting) Sports Betting for Beginners: How To Read The Sports Odds So You Can Turn A Few Dollars Into Big Winnings With Sports Betting! Winning at Backgammon - Being A Winner Series HOW TO WIN MEGA MILLIONS LOTTERY JACKPOT ..How TO Increased Your odds by 71%: 2004 Pennsylvania Powerball Winner Tells

LOTTERY&GAMBLING Secrets To Winning ... 5,6,&Mega Millions (Mega Millions Awaits) Winning
at Deposition: (Winner of ACLEA's Highest Award for Professional Excellence) Winning Women's
Lacrosse Lacrosse: Winning the One Goal Game! (strength training, speed, agility, conditioning)
Carl Runk's Coaching Lacrosse: Strategies, Drills, & Plays from an NCAA Tournament Winning
Coach's Playbook

[Dmca](#)